



## LTAD Update to P/TSO'S

	Initiative	Where We Are Now?	Where Want to be?	Gap	What we need to do?	Who does it?	When Starting?
<b>Short term priority (12 to 18 months)</b>							
1	Accountability Framework CCA – PSO – Club  (see page 10)	No formal frameworks in place. Concept outlined in LTAD Vol. 1 and 2	Clear roles and responsibilities to achieve LTAD objectives	Lack of clarity and agreed- upon mandates and objective target	Engage stakeholders to come to consensus. Link to Club Capacity #4	CCA leads with all stakeholders involved	2009-2010
2	Complete an Education Strategy & New Coach Education Program  (see page 12)	Education strategy linking coach, officials, leader education not complete. Two new NCCP contexts now complete.	Comprehensive, easy to access, up-to-date education programs for development of all leaders	Funding, resources available permit slow progress	Maintain progress; continue to build partnerships to accelerate progress	CCA w/PSOs	2007  2009 Finalize Community Initiation & Intro comp  2010 Finalize Comp Dev
3	CCA – PSO agreements  (see page 10)	Started in 2005 but discontinued	Comprehensive agreements, stronger relationships	Currently not done	Engage PSOs, negotiate mutual responsibilities and contributions	CCA and PSOs	2009
4	Data collection program  (see page 12)	License, race results, some testing data collected	CCA and PSOs have comprehensive accessible database of athlete information useful	Data collection uncoordinated (different formats, software, protocols) and not	Create agreements with PSOs, Nat Centres, testing labs to use common formats and protocols and to post data to central	CCA leads	2010

			for talent identification, performance tracking	centrally collected or analyzed	database. Link to initiatives 1 and		
5	Resources for Parents (see page 11)	Lack of resources explaining Cycling development pathway	Parents ready and able to support optimal participation of young cyclists	Limited means of reaching parents; need targeted resources	Create brief LTAD document(s) for web, print distribution	CCA w/PSOs and Clubs.	2009 -Brief LTAD document / sport will be a good resource
6A	Club Standards Program- Club Capacity Building <b>(Phase 1)</b>  (see page 10)	No national program in place to support club development	Strong clubs take greater role in development using LTAD model	Lack of capacity to attract new participants, monitor results, or reward efforts	Create a club data base across Canada to better understand how we can establish standards and built capacity	CCA w/PSOs and Clubs	2010
7A	Increase pool of officials <b>(phase 1)</b> <b>Data base</b>  (see page 11)	Insufficient number of active officials in some regions <b>Don't know who are the upcoming commissaires</b>	With the support of PSOs, being able to identify the upcoming national / international commissaires	Lack of recruitment, few training opportunities, training program needs overhaul	Create a provincial commissaire data base to identify the pool of provincial commissaire by PSO and recruit potential national / international commissaires	CCA develops training, PSOs deliver and recruit	2009 More training opportunity planned for 2009-10
<b>Medium Term Priority (18 months to 3 years)</b>							
8	Clear Role for National and Development Centers  (see page 12)	Agreements are in place but still work to do on funding, role and responsibility of Centers	Centers are central focus of athlete development per LTAD model	Centers have different levels of service, links to PSOs, capacity and funding	Continue to define roles, support levels, role in LTAD	CCA leads	2010
9	Coaching support (IST)  (see page 12)	Sport medicine, science, psych, etc services not available or consistent for all Nat Teams and	Support services accessible by all Nat Team and pool athletes domestically and in international competition	Limited funding, challenge finding experts available in all areas/regions	Explore augmenting funds, sharing resources across Centers and regions, identifying and recruiting resources	CCA w/Centers	2009 -Already more support for NT athletes with the hiring of IST

		training in Canada					coordinator
<b>10</b>	Link Competition to LTAD stage (see page 13)	Traditional competitions not always appropriate for LTAD stage of participants	Every competition provides optimal development for athletes: level of competition, technical requirements, etc	Some races too long/short, terrain and technical aspects not appropriate, competition too hard/easy, etc	Conduct competition review to determine how races meet development needs stage-by-stage; adjust rules, hosting policies accordingly	CCA w/PSOs	2010 When sport specific LTAD will be completed, conduct a competition review
<b>7B</b>	Increase pool of officials (see page 11)	Insufficient number of active officials in some regions	Adequate number of quality officials for all levels of competition	Lack of recruitment, few training opportunities, training program needs overhaul	Create updated training program, recruit potential officials. Create data base with all commissaires courses available across Canada	CCA develops training, PSOs deliver and recruit	2011 More training opportunity planned for 2009-10
<b>11</b>	Youth races and multi-discipline skills (see page 13)	Traditional competitions do not optimally build technical skills for L2T, T2T athletes	Skill-based competitions build skills while de-emphasizing "winning" for early-stage participants	Most provinces do not hold skill-based events for youth participants.	Review good practices (e.g. Quebec skill competitions) and adapt and pilot in other areas.	CCA w/PSOs	2011
<b>Longer Term (3 to 5 years)</b>							
<b>6B</b>	Club Standards Program- Club Capacity Building <b>(Phase 2)</b> (see page 10)	No national program in place to support club development	Strong clubs take greater role in development using LTAD model	Lack of capacity to attract new participants, monitor results, or reward efforts	A national club development/quality program addressing the gap	CCA w/PSOs and Clubs	2012
<b>12</b>	Facility Development Strategy (see page 11)	Uncoordinated regional initiatives from time to time. Little central CCA support	MX tracks in major population centers; velodromes in each province; quality MTB venues available for competition in each province	Lack of comprehensive resource materials to support facility development.	Maintain current specifications for all facility types; develop plan with PSOs to identify potential sites, partners	CCA creates database; CCA and PSOs plan for regional development	2012

## **-Getting There: Roles and Responsibilities-**

Our greatest challenge in developing Canadian cycling is not lack of technical ability, nor even lack of resources. It is the challenge of mobilizing all stakeholders in and around the cycling community to work together toward defined goals. The CCA, cycling PSOs, hundreds of cycling clubs, sport leaders including coaches and officials, industry partners, multi-sport organizations and governments, and individual cyclists need to contribute to our future.

	CCA	PSO	Club	Coaches Officials	Athlete (Parent)	Other MSOs	School	Other
1. Accountability Framework CCA – PSO - Club	lead	support	support					
2. Complete an education strategy & increase pool of officials	lead	support		support		support		
3. CCA – PSO agreements	lead	support						
4 Data collection program	lead	support	support					
5 Resources for Parents	lead	lead	support					
6 Club Standards Program-Club Capacity (phase 1)	lead	support	support					
7 Clear Role for National Centers	lead	support		support	support			
8 Improve coaching support (IST)	lead			support				
9 Link Competition to LTAD stage	lead	lead	support	support				
10 Increase pool of officials	lead	support		support		support		
11 Youth races and multi-discipline skills	lead	lead	support	support				
12 Club Standards Program-Club Capacity (phase 1)	lead	support	support					

<b>13 Facility Development Strategy</b>	lead	support						
---	------	---------	--	--	--	--	--	--