

## 2004 NATIONAL CHAMPIONS

<b>2004 ROAD CHAMPIONS</b>				
<b>Medalists Titled</b>				
<b>Individual Time Trial</b>				
Junior Women 15km	<b>Anna Tratnyek</b>	ON	0.24.17.41	2004
Junior Men 25km	<b>Raphael Tremblay</b>	PQ	0.37.20.79	2004
U23 Espoir Men 30km	<b>Dominique Rollin</b>	PQ	0.41:03.14	2004
Elite Women 30km	<b>Sue Palmer-Komar</b>	ON	0.43.20.98	2004
Elite Men 40km	<b>Svein Tuft</b>	BC	0.51.35.56	2004
Master Women 25km	<b>Lisa Jaffary</b>	BC	0.41.50.06	2004
Master A Men 25km	<b>Jay Murray</b>	BC	0.35.52.14	2004
Master B Men 25km	<b>Olav Stana</b>	BC	0.36.08.01	2004
Master C Men 25km	<b>Derek Tripp</b>	BC	0.35.53.99	2004
Master D Men 25km	<b>Bob Lindsay</b>	BC	0.40.00.93	2004
Tandem Men 15km	<b>Brian Cowie</b>	BC	0.21.06.17	2004
Cerebral Palsy Div 3 & 4 8km	<b>Jean Quevillon</b>	PQ	0.13.36.08	2004
Hand Cycling Div B 8km	<b>Shauna Whyte</b>	AB	0.17.53.52	2004
<b>Road Race</b>				
Junior Women 84 km	<b>Joelle Numainville</b>	PQ	2.52.00.00	2004
Junior Men 126 km	<b>Raphael Tremblay</b>	PQ	3.30.38.00	2004
U23 Espoir Men 180 km	<b>Cam Evans</b>	PQ	5.02.00.00	2004
Elite Women 120 km	<b>Lynn Bessette</b>	PQ	3.35.09.00	2004
Elite Men 180 km	<b>Gord Fraser</b>	AR	5.01.40.00	2004
Master Women 84 km	<b>Jennifer Gorman</b>	BC	2.54.53.00	2004
Master A Men 147 km	<b>James Neil</b>	BC	4.02.53.00	2004
Master B Men 126 km	<b>Olav Stana</b>	BC	3.21.18.00	2004
Master C Men 84 km	<b>Derek Tripp</b>	BC	2.18.38.00	2004
Master D Men 42 km	<b>Bob Lindsay</b>	BC	1.18.35.00	2004
Cerebral Palsy Div 3 & 4 28 km	<b>Jean Quevillon</b>	PQ	0.44.53.28	2004

<b>Medalists Non-Titled</b>				
<b>Time Trial</b>				
U23 Espoir Women 30km	<b>Emilie Roy</b>	PQ	0.45.25.87	2004
Tandem Mixed 15 km	<b>Shawn Marsolias</b>	BC	0.24.06.16	2004
Amputees, LC 1-2 8km	<b>Mark Breton</b>	QC	0.12.15.02	2004
Amputees, LC 3-4 8km	<b>Bruce Penner</b>	BC	0.17.03.89	2004
Cerebral Palsy Div 1 & 2 8km	<b>Paul Jalbert</b>	BC	0.20.29.52	2004
Cerebral Palsy Div 3 & 4 8km	<b>Jean Quevillon</b>	PQ	0.13.36.08	2004
Hand Cycling Div A 8km	<b>Robert Labbe</b>	QC	0.23.19.71	2004
<b>Road Race</b>				
U23 Espoir Women 120 km	<b>Laura Yoisten</b>	AB	3.56.26.00	2004
Tandem Women 84km	<b>Shawn Marsolais</b>	BC	2.33.01.00	2004
Tandem Men 84 km	<b>Stephane Cote</b>	PQ	0.02.04.25	2004
Amputees, LC 1-2 28km	<b>Mark Breton</b>	QC	0.42.24.58	2004
Amputees, LC 3-4 28km	<b>Bruce Penner</b>	BC	0.51.56.55	2004
Cerebral Palsy Div 1 & 2 28km	<b>Paul Jalbert</b>	BC	0.32.27.94	2004
Hand Cycling Div A 28km	<b>Robert Labbe</b>	QC	0.38.30.34	2004
Hand Cycling Div B 28km	<b>Scott Patterson</b>	BC	0.53.52.99	2004
<b>Criterion</b>				
Junior Men 40 km	<b>Eric Boily</b>	QC	0.55.34.50	2004
Elite Women 40 km	<b>Mandy Poitras</b>	BC	1.02.25.70	2004
Elite Men 50 km	<b>Cam Evans</b>	BC	1.06.01.60	2004
Master 30+ 40 km	<b>Peter Toth</b>	AB	0.58.10.50	2004

**2004 TRACK CHAMPIONS****Medalists National Titles**

<b>Match Sprint</b>				
Junior Women	<b>Laura Brown</b>	AB	13.050	2004
Junior Men	<b>Jeff Sparling</b>	AB	12.380	2004
Senior Elite Women	<b>Lori-Ann Muenzer</b>	AB	13.630	2004
Senior Elite Men	<b>Lars Madsen</b>	AB	11.690	2004
Master A Men 30-39	<b>Charles Durrant</b>	BC	12.220	2004
Master B Men 40-49	<b>Timothy Caulfield</b>	AB	13.430	2004
Master C Men 50+	<b>Gerard Louis Robert</b>	QC	12.190	2004
<b>Team Sprint</b>				
Senior Elite Men	<b>Yannik Morin</b>	PQ	1:05.522	2004
	<b>Cameron Mackinnon</b>	AB		2004
	<b>Travis Smith</b>	AB		2004
<b>500 Meters TT</b>				
Junior Women	<b>Laura Brown</b>	AB	39.476	2004
Senior Elite Women	<b>Lori-Ann Muenzer</b>	AB	35.465	2004
Master B Men 40-49	<b>Timothy Caulfield</b>	AB	36.482	2004
Master C Men 50+	<b>Gerard Louis Robert</b>	QC	36.509	2004
<b>1000 Meters TT - Kilo</b>				
Junior Men	<b>Mark Macdonald</b>	AB	1:12.246	2004
Senior Elite Men	<b>Steen Madsen</b>	AB	1:07.905	2004
Master A Men 30-39	<b>Charles Durant</b>	BC	1:12.387	2004
<b>Individual Pursuit</b>				
Junior Women 2000 m	<b>Mylene Laliberte</b>	QC	2:48.364	2004
Junior Men 3000 m	<b>Charly Vives</b>	QC	3:46.843	2004
Senior Elite Women 3000 m	<b>Mandy Poitras</b>	BC	4:05.248	2004
Senior Elite Men 4000 m	<b>Zach Bell</b>	AB	4:49.790	2004
Master A Men 30-39 3000 m	<b>Cp Walsh</b>	AB	3:27.900	2004
Master B Men 40-49 2000 m	<b>John Sutherland</b>	QC	2:34.053	2004
Master C Men 50+ 2000m	<b>Gerard Louis Robert</b>	QC	2:32.232	2004
<b>Team Pursuit</b>				
Senior Elite Men	<b>Alexandre Cloutier</b>	QC	4.33.895	2004
	<b>Martin Gilbert</b>	QC		
	<b>Kevin Lacombe</b>	QC		
	<b>Pierre Olivier Boily</b>	QC		
<b>Points Race</b>				
Junior Women 10km	<b>Mylene Laliberte</b>	QC	15 pts	2004
Junior Men 16 km	<b>Raphael Tremblay</b>	QC	51pts	2004
Senior Elite Women 16 km	<b>Gina Grain</b>	BC	28 pts	2004
Senior Elite Men 30 km	<b>Alexandre Cloutier</b>	QC	48pts	2004

<b>Scratch Race</b>				
Junior Women 7 km	<b>Mylene Laliberte</b>	QC		2004
Junior Men 10 km	<b>Zach Grant</b>	AB		2004
Senior Elite Women 10 km	<b>Mandy Poitras</b>	QC		2004
Senior Elite Men 15 km	<b>Cameron MacKinnon</b>	AB		2004
Master A Men 10 km	<b>Charles Durant</b>	BC		2004
Master B Men 7 km	<b>Andrew George</b>	PQ		2004
Master C Men 7 km	<b>Gerard Louis Robert</b>	QC		2004
<b>Keirin</b>				
Junior Men	<b>Raphael Tremblay</b>	QC		2004
Senior Elite Women	<b>Breanna Loster</b>	AB		2004
Senior Elite Men	<b>Matt Chater</b>	BC		2004
<b>Madison</b>				
Senior Elite Men 30 km	<b>Alexandre Cloutier</b>	QC		2004
	<b>Martin Gilbert</b>	QC		2004

<b>Medalists Non-Titled</b>				
<b>Flying 200m</b>				
Tandem mixte	<b>Lisa Sweeney Shawn Marsolias</b>	BC BC	14.350	2004
Tandem Men	<b>Stephane Cote Pierre Olivier</b>	QC QC	11.745	2004
<b>Team Sprint</b>				
Junior Men	<b>Ross Harbottle</b>	AB	1.11.250	2004
	<b>Eric Smith</b>	AB		
	<b>Jeff Sparling</b>	AB		
<b>Team Pursuit</b>				
Junior Men 4000m	<b>Mark Macdonald</b>	AB	4.56.422	2004
	<b>Jeff Sparling</b>	AB		
	<b>Sean Walsh</b>	AB		
	<b>Eric Smith</b>	AB		
<b>1000 Metres TT- Kilo</b>				
CP Div 3-4	<b>Ryan Arbuckle</b>	BC	1.23.880	2004
LC 1-4	<b>Mark Breton</b>	QC	1.18.240	2004
Tandem Mixte	<b>Lisa Sweeney Shawn Marsolias</b>	BC	1.21.787	2004
Tandem Men	<b>Stephane Cote Pierre Olivier</b>	QC QC	1.08.338	2004
<b>Pursuit</b>				
CP Div 3-4 3000 m	<b>Jean Quevillon</b>	QC	4.26.944	2004
LC 1-2 3000 m	<b>Mark Breton</b>	QC	5.27.600	2004
Tandem Mixte 3000 m	<b>Lisa Sweeney Shawn Marsolias</b>	BC BC	4.08.550	2004
Tandem Men 4000 m	<b>Brian Cowie Craig DeVeer</b>	BC ON	4.47.391	2004

## 2004 MOUNTAIN BIKE CHAMPIONS

### Medalists Titled

<b>Downhill</b>				
U17 Expert Men	<b>Travis Petersen</b>	BC	0:04:10:87	2004
Junior Expert Men	<b>Justin Brown</b>	ON	0:03:24:92	2004
Senior Elite Women	<b>Michelle Dumaresq</b>	BC	0:04:05:25	2004
Senior Elite Men	<b>Mathieu Laurin</b>	QC	0:03:22:80	2004
Senior Expert Men 19-29	<b>Pepin Alexandre-Roger</b>	QC	0:03:37:70	2004
Master Expert Men 30-39	<b>Andre Lecompte</b>	QC	0:04:03:07	2004
<b>Cross-Country</b>				
U17 / Junior Women	<b>Olivia Gagne</b>	QC	1:23:57:13	2004
U17 Expert Men	<b>Alex Harvey</b>	QC	1.09.06.03	2004
Junior Expert Men	<b>Raphael Gagne</b>	QC	2.01.33.71	2004
U23 Espoir Men	<b>Martin Lazarski</b>	ON	2.18.26.85	2004
Senior Elite Women	<b>Marie-Helene Premont</b>	QC	2.09.21.42	2004
Senior Elite Men	<b>Ricky Federau</b>	BC	2.11.38.65	2004
Senior Expert Men 19-29	<b>Michel Henri</b>	QC	1.44.52.16	2004
Master Expert Women 30+	<b>Sue Reid</b>	BC	1.35.15.28	2004
Master Expert Men 30-39	<b>Gorge Visser</b>	QC	1.38.32.05	2004
Master Expert Men 40+	<b>Jean-Arthur Tremblay</b>	QC	1.42.47.49	2004

<b>Medalists Non-Titled</b>				
<b>Downhill</b>				
U17 / Junior Women	<b>Marie-Pier Alix</b>	QC	0.09.21.53	2004
Junior Sport Men	<b>Eric Clement</b>	QC	0.04.38.80	2004
Senior Sport Men	<b>Marc Casavant</b>	QC	0.04.23.81	2004
Senior Expert Women	<b>Michelle Wachter</b>	ON	0.05.32.80	2004
Master Sport Men 30-39	<b>Eddy Savard</b>	QC	0.04.17.21	2004
Master Expert Men 40-49	<b>Denis Simard</b>	QC	0.05.03.99	2004
Master Men 50+	<b>Pierre Gendron</b>	QC	0.06.25.55	2004
<b>Cross Country</b>				
U13 Girls	<b>Laurence Harvey</b>	QC	0.20.52.92	2004
U13 Boys	<b>Antoine Caron</b>	QC	0.16.52.51	2004
U15 Women	<b>Andreanne Pichette</b>	QC	0.36.58.24	2004
U15 Men	<b>Alexandre Raymond</b>	QC	0.29.49.03	2004
Junior Sport Men	<b>Sim Schaffner-Robitaille</b>	QC	1.19.23.67	2004
U23 Espoir Women	<b>Julie Sanders</b>	QC	2.31.43.46	2004
Senior Sport Women 19-29	<b>Amy Armstrong</b>	ON	1.57.47.65	2004
Senior Sport Men 19-29	<b>Sebastien Heroux</b>	QC	1.14.50.23	2004
Senior Expert Women 19-29	<b>Dustin Eagleston</b>	SK	1.39.19.71	2004
Master Sport Women 40+	<b>Nathalie Godbout</b>	QC	1.39.12.00	2004
Master Sport Homme 30-39	<b>Eric Wiseman</b>	QC	1.17.49.55	2004
Master Sport Homme 40-49	<b>Jean Guerin</b>	QC	1.19.09.74	2004
Master 50+	<b>Richard Tetreault</b>	QC	1.20.06.83	2004

**2004 CYCLO-CROSS CHAMPIONS**

<b>Medalists Titled</b>				
Junior Men	<b>Joel Dion-Postras</b>	QC	0:46:46:75	2004
U23 Espoir Men	<b>Christian Meier</b>	NB	1:06:51.45	2004
Senior Elite Women	<b>Wendy Simms</b>	BC	0:41:18:86	2004
Senior Elite Men	<b>Geoff Kabush</b>	BC	1:00:56.28	2004
Master Men A 30-39	<b>Luc Proulx</b>	QC	0:44:39:54	2004
Master Men B 40-49	<b>Peter Toth</b>	AB	0:46:13:12	2004
<b>Medalists Non-Titled</b>				
Junior Women	<b>Valerie Herbert</b>	NB	n/a	2004
Master Women	<b>Carolyn Hail</b>	ON	0:39:24:70	2004

**2004 BMX CHAMPIONS**

<b>Medalists Titled</b>				
Junior Elite Women	Not contested			
Junior Elite Men	<b>Scott Erwood</b>	BC		2004
Senior Elite Women	<b>Samantha Cools</b>	AB		2004
Senior Elite Men	<b>Ken Cools</b>	AB		2004
Senior Junior Cruiser mixed	Not contested			
Senior Elite Cruiser mixed	Not contested			
<b>Medalists Non-Titled</b>				
5 yrs Boys	<b>Dannick Valée</b>	QC		2004
6 yrs Boys	<b>Cohen Macpherson</b>	ON		2004
7 yrs Boys	<b>Jayson Cossette</b>	QC		2004
8 yrs Girls	<b>Ilana Just</b>	AB		2004
8 yrs Boys	<b>Etienne Champagne</b>	QC		2004
9 yrs Boys	<b>Austin Higgins</b>	AB		2004
10 yrs Girls	<b>Amélie Gillet</b>	AB		2004
10 yrs Boys	<b>Rob Herriman</b>	AB		2004
11 yrs Boys	<b>Simon Meili</b>	AB		2004
12 yrs Girls	<b>Abbey Graalman</b>	AB		2004
12 yrs Boys	<b>Michael Beaudoin</b>	QC		2004
13 yrs Girls	<b>Natasha Vergara</b>	AB		2004
13 yrs Boys	<b>Alex Sailer</b>	AB		2004

<b>Medalists Non-Titled cont..</b>				
14 yrs Women	<b>Michilla Negerman</b>	AB		2004
14 yrs Men	<b>Scott Bemacki</b>	AB		2004
15 yrs Women	<b>Kayla Sweeney</b>	AB		2004
15yrs Men	<b>Logan Plamondon</b>	AB		2004
16 yrs Women	<b>Christine Miller</b>	AB		2004
16 yrs Men	<b>Nick Goertzen</b>	BC		2004
17-29 yrs Men	<b>Glen Cressman</b>	ON		2004
15-16 yrs Cruiser Men	<b>Scott Enders</b>	AB		2004
18 yrs and under Cruiser Women	<b>Christine Miller</b>	AB		2004
17-29 yrs Cruiser Men	<b>Adam Muys</b>	BC		2004
35-39 yrs Cruiser Men	<b>Jeff Ingram</b>	AB		2004
40-44 yrs Cruiser Men	<b>Campbell Milliken</b>	ON		2004