



# 2009 Junior Track Worlds Selection Camps and Minimum Performance Guidelines

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## Notes:

- The purpose of this section is to provide the membership with the information relative to the mechanism by which the Canadian Cycling Association (CCA) will select its representatives to the 2009 Junior Track World Championships.
- Selection is open to any athlete, aged 17 or 18 (born 1991 and 1992), possessing a Canadian passport at the time of nomination, holding an international UCI racing license, and who is a member in good standing with the CCA, their respective Provincial /Territorial Sport Organization, the Union Cycliste International, (UCI) and the Canadian Centre for Ethics in Sport (CCES).
- The intent of the CCA selection criteria is to only send athletes to World Championships who are capable of meeting the published time standards outlined in this document. First year Juniors, if deemed worthy, may be selected in order to gain experience towards potentially winning a medal the following year.
- **All athletes selected to the 2009 Junior Track World Championships will be asked to contribute financially towards their participation in the project. The purpose for this is to enable the CCA to run a full development program with the maximum number of athletes across all disciplines and to give our Junior athletes a world-level experience as early as possible in their career. Athletes should be prepared to submit a deposit of \$3000 to support their involvement in the event and perhaps more, following a more detailed review of expenses as we draw closer to the event. The CCA will coordinate all logistics for this project, including the purchase of flights and coordination of hotel and other amenities.**
- All athletes meeting the time standards must participate in the CCA-mandated pre-championship preparation camp July 9-16, 2009 (location to be confirmed), where the final team will be selected.
- The goal of this camp will be to identify the pool of riders for the National Junior Team aiming at the Junior Track Worlds Moscow (RUS) August 7-15 2009, to give riders sufficient time to prepare properly for the Junior Worlds in Moscow, and to spend time with the group that will make the National Team aiming for the next Olympics.
- Once final selections have been made for any World Championship, all final preparation programs are mandatory requirements for those selected athletes. Failure to commit to the final preparation program could result in an athlete being replaced for the event they have been selected to.
- Please make sure that you turn up to the camps in a good frame of mind, you will be judged not only on your riding but on how you conduct yourself throughout the camp.

- **Helmets will be mandatory** for all rides. Also, please ensure that you have a water bottle, and any food you think you may need for training. Your bike must be in good working order, and you will need to bring Gears (for warm up and training)
- **2009 LICENSES** will need to be in hand to participate.
- Please feel free to ask if you have any more questions, now or at the camp.

## **PERFORMANCE GUIDELINES:**

### **Men's Track Endurance and Sprint**

**Eligibility:** All male licensed riders aged 17 or 18 - Born 1991 and 1992

**Minimum performance guidelines:** All athletes seeking selection to the team must meet the identified track minimum performance standard noted below in the section "Track Minimum Performance Standard" in order to be eligible for selection. This can be achieved at any time prior to June 15<sup>th</sup>, 2009 at an event with electronic timing and commissaires present.

**Guaranteed participation:** A top 8 result at the previous Junior World Championships.

#### **Final selection process – Individual Pursuit:**

All athletes who have met the Individual Pursuit minimum performance standard noted below by June 15<sup>th</sup>, 2009 are invited to attend a pre-Worlds training camp from July 9-16<sup>th</sup>, location TBD. Final selections will be made at this camp by the coaches designated by the Canadian Cycling Association based on performances at this camp. The coaches have the ability to nominate as many as two starters for the Individual Pursuit.

#### **Final selection process – Points Race:**

Any athlete who has met the Points Race minimum performance standard noted below by June 15<sup>th</sup>, 2009 is invited to attend a pre-Worlds training camp from July 9-16<sup>th</sup>, location TBD. Final selections will be made at this camp by the coaches designated by the Canadian Cycling Association based on performances at this camp. One rider will be nominated as per UCI regulations.

#### **Final selection process – Team Pursuit:**

The CCA may enter a Team Pursuit team at the 2009 Junior Track World Championships if there are at least four athletes meeting the Individual Pursuit minimum performance standard, who have already been selected to the team through other selection criteria.

#### **Final selection process – Madison:**

The CCA may enter a Madison team at the 2009 Junior Track World Championships, but this team will come from the group of athletes selected to the team in individual events and will depend on the athletes' ability to demonstrate sufficient performance and technical competence in this event at the July 9-16<sup>th</sup> training camp.

#### **Final selection process – Sprint:**

All athletes who have met the Sprint minimum performance standard by June 15<sup>th</sup>, 2009 are invited to attend a pre-Worlds training camp from July 9-16<sup>th</sup>, location TBD. Final selections will be made at this camp by the coaches designated by the Canadian Cycling Association based on performances at this camp. The coaches have the ability to nominate as many as three starters for the Sprint.

#### **Final selection process – Keirin:**

All athletes who have met the Sprint minimum performance standard by June 15<sup>th</sup>, 2009 are invited to attend a pre-Worlds training camp from July 9-16<sup>th</sup>, location TBD. Final selections will be made at this camp by the coaches designated by the Canadian Cycling Association based on performances at this camp.

#### **Final selection process – Team Sprint:**

The CCA may enter a team in the Team Sprint event at the 2009 Junior Track World Championships if there are at least three athletes meeting the individual sprint standard. Tests will be run at the July 9-16<sup>th</sup> training camp.

#### **Final selection process – Scratch Race:**

Any athlete who has met the Points Race minimum performance standard noted below by June 15<sup>th</sup>, 2009 are invited to attend a pre-Worlds training camp from July 9-16<sup>th</sup>, location TBD. Final selections will be made at this camp by the coaches designated by the Canadian Cycling Association based on performances at this camp. One rider will be nominated as per UCI regulations.

**Final selection process – Kilometre TT:**

The CCA may enter up to 2 riders in the Kilometre TT at the 2009 Junior Track World Championships. These riders would come from the group of riders who have already been selected to the team through the sprint event, and would also need to be tested in the 1km at the camp being held July 9-16<sup>th</sup>.

**Final selection process – Omnium:**

Canada did not qualify any male entries for the 2009 Junior World Track Championships.

**Women's Track Endurance and Sprint**

**Eligibility:** All female licensed riders aged 17 or 18 - Born 1991 and 1992

**Minimum performance guidelines:** All athletes seeking selection to the team must meet the identified track minimum performance standard noted below in the section "Track Minimum Performance Standard" in order to be eligible for selection. This can be achieved at any time prior to June 15<sup>th</sup>, 2009 at an event with electronic timing and commissaires present.

**Guaranteed participation:** A top 8 result at the previous Junior World Championships.

**Final selection process – Individual Pursuit:**

All athletes who have met the Individual Pursuit minimum performance standard noted below by June 15<sup>th</sup>, 2009 are invited to attend a pre-Worlds training camp from July 9-16<sup>th</sup>, location TBD. Final selections will be made at this camp by the coaches designated by the Canadian Cycling Association based on performances at this camp. The coaches have the ability to nominate as many as two starters for the Individual Pursuit.

**Final selection process – Points Race:**

Any athlete who has met the Points Race minimum performance standard noted below by June 15<sup>th</sup>, 2009 are invited to attend a pre-Worlds training camp from July 9-16<sup>th</sup>, location TBD. Final selections will be made at this camp by the coaches designated by the Canadian Cycling Association based on performances at this camp. One rider will be nominated as per UCI regulations.

**Final selection process – Sprint:**

All athletes who have met the Sprint minimum performance standard by June 15<sup>th</sup>, 2009 are invited to attend a pre-Worlds training camp from July 9-16<sup>th</sup>, location TBD. Final selections will be made at this camp by the coaches designated by the Canadian Cycling Association based on performances at this camp. The coaches have the ability to nominate as many as three starters for the Sprint.

**Final selection process – Scratch Race:**

Any athlete who has met the Points Race minimum performance standard noted below by June 15<sup>th</sup>, 2009 are invited to attend a pre-Worlds training camp from July 9-16<sup>th</sup>, location TBD. Final selections will be made at this camp by the coaches designated by the Canadian Cycling Association based on performances at this camp. One rider will be nominated as per UCI regulations.

**Final selection process – Team Pursuit:**

The CCA may enter a Team Pursuit team at the 2009 Junior Track World Championships if there are at least three athletes meeting the individual pursuit standard, who have already been selected to the team through other selection criteria.

**Final selection process – Keirin:**

All athletes who have met the Sprint minimum performance standard by June 15<sup>th</sup>, 2009 are invited to attend a pre-Worlds training camp from July 9-16<sup>th</sup>, location TBD. Final selections will be made at this camp by the coaches designated by the Canadian Cycling Association based on performances at this camp.

**Final selection process – 500m TT:**

The CCA may enter up to two riders in the 500m TT at the 2009 Junior Track World Championships. These riders will come from the group of riders who have already been selected to the team through the Sprint event.

**Final selection process – Team Sprint:**

The CCA may enter a team in the Team Sprint event at the 2009 Junior Track World Championships if there are at least two athletes meeting the individual sprint standard. Tests will be run at the July 9-16<sup>th</sup> training camp.

**Final selection process – Omnium:**

The CCA may enter a rider in the Omnium at the 2009 Junior Track World Championships and will take into consideration the rider's ability to perform in each of the events. This rider will come from the group of riders who have already been selected to the team through other selection criteria.

**TRACK MINIMUM PERFORMANCE STANDARDS\*:**

All athletes must meet the following time standards by June 15<sup>th</sup>, 2009 at events with electronic timing and race commissaires present to confirm their selection to the team. All results should be submitted via email to [petrina.tulissi@canadian-cycling.com](mailto:petrina.tulissi@canadian-cycling.com) to review as soon as they are available.

<b>EVENT</b>	<b>Men</b>	<b>Women</b>
Flying 200m	11.20	12.40
Flying 138 m at FCV London	7.73	8.56
Individual Pursuit	3:36.5	2:40.8
Points Race 500M – 2km	32.80 – 2:24:5	36.00 - 2.43.00

\*All results will be temperature corrected to a 24°C standard